#### What Can You Do On Your Trek?

Flatwater Canoeing Learn about Maine Woods History Backcountry Navigation Whitewater Canoeing Mountain Climbing Rumpbumping Swimming Fishing Photography Cooking and Baking Over a Fire Star Gazing Having Fun in the North Maine Woods!

### **Trip Planning**

Maine High Adventure offers you and your group an opportunity to learn and grow while having fun on a unique and custom designed trek. The key to this successful program is flexibility... flexibility in what you do, as well as when and where you do it. Each crew's itinerary is tailor-made to suit the desires and capabilities of the crew while also considering other factors such as: the crew's length of stay; current environmental conditions, such as water levels; and current logistical situations, such as campsite availability. For these reasons, we pre-plan only certain portions of trips that may require reservations.

#### All Group Gear is Provided... and More!

You are provided:

- Fully trained and knowledgeable staff guide from the time you arrive until you leave
- Food for your entire trek
- Tents, cooking gear, packs, saw, ax
- · Canoes, paddles and life jackets
- Safety equipment including helmets, throw bags, white water gear

• Each guide carries a Maine High Adventure two-way radio for emergency use

For More Information.. check out our website: www.MaineHighAdventure.org or email us at: info@MaineHighAdventure.org or call us at: 207-949-5260

Maine High Adventure offers fully outfitted treks to older Scouts, Venturers and organized youth groups. The base camp at Grand Lake Matagamon offers access to 10,000 square miles of woods, rivers and lakes in the legendary North Maine Woods, but is only a six hour drive (350 miles) from Boston.



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## www.MaineHighAdventure.org



# 50 YEARS OF Backcountry adventures!



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